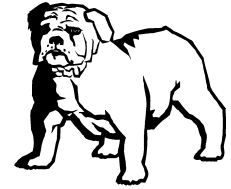




7th Grade Health

Adam Stephens Middle School
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During Health & Wellness students will be able to.. Discover habits that help keep the body healthy. Learn ways in which the body becomes unhealthy. Make healthy decisions by determining how their decisions affect the trajectory of their life. Explore reasons why people choose to make unhealthy decisions. Students will also identify resources they can utilize in the future for reliable health information. Students will also acquire skills and tools that will aid them with living a healthy (and hopefully happy) life long into adulthood.

Course Content (Units of Study)

- Mental, Social and Emotional Health
- Violence and Suicide Prevention
- Alcohol, Tobacco, and other Drugs Prevention
- Sexual Health
- Nutrition
- * *Additional topics as time allows*

be

Student Grade Breakdown

- + Assessments (Test/Quizzes)
- * Interactive Notebook (INB)
- + Assignments
- * *Participation*
- * INB and *Participation* grades are given for each *Unit of Study. Points in these categories cannot*

made up when lost!!!

Assignments and Assessments may be redone/retaken for a higher score.

Course Policies

- Come to class ready to learn and *actively participate*
- Come to class prepared (*5 participation points will be deducted if student does not have class materials*)
- Be in your seat when the bell rings! (those who aren't may be marked tardy)
- Complete all in class notes in your INB (you need them to complete assignments and tests!)
- Label ALL work w/ First and Last name plus the Class Period.
- Produce quality work and TURN IN ON TIME!
- Follow **Classroom Expectations & Computer/Internet Use Policies** at ALL times
- **Absences-** Students are responsible for making up the work they miss while absent. Politely request to have the notes Copied/Pasted into your notes and I will do so at my earliest convenience.

☺ Classroom Expectations

1. **Safety-** Actions & Language
2. **Positivity-** Attitude & Language
3. **Respect-** Self, Teacher, Classmates, Classroom, Materials etc.

☺ Keys to Success

- * Honesty
- * Integrity
- * Responsibility

⊗ Failure to Follow Class Expectations

Students will lose *5 Participation points per infraction* of class expectations, depending on the severity of the infraction. Should student receive three warnings during any unit their participation grade will be at best a 50%.

1st Warning = *5 points lost* and will be documented in Synergy Notes

2nd Warning = *10 points lost* and student will owe time after class + a phone call home

3rd Warning = *15 points lost* and student will be removed from class + a referral will be written